

# Internal Curing of Concrete Using Biodegradable Water-Absorptive Polymer Gels

by

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## Abstract

Appropriate wet curing of concrete at early ages can reduce autogenous shrinkage and increase strength development. This study examined biodegradable water-absorptive polymer gel as an internal curing agent applicable to mortar and concrete. It was shown that, when an appropriate water-absorption capability of polymer gel was selected, the compressive strength of concrete increased slightly and autogenous shrinkage strain reduced, confirming the applicability of the polymer gel as an internal curing agent.

**Keywords:** Biodegradable water-absorptive polymer gel, Internal curing, Moisture compressive strength, Autogenous shrinkage, Drying shrinkage

## 1. Introduction

Recent trend in high-rise and longer span building structures requires higher strength for concrete material. However, high-strength concrete with a design strength more than 100N/mm<sup>2</sup> undergoes considerable autogenous shrinkage leading to cracking problems in the existing structures. Cracking further leads to performance degradation of concrete structures including water leakage, steel corrosion and appearance. As possible countermeasures capable of controlling autogenous shrinkage, shrinkage reducing agent, expansive agent and dispersion of water-retaining particles in concrete have been studied. As an internal curing agent, the water-retaining materials providing water to reduce self-desiccation of concrete includes lightweight aggregate<sup>1)</sup>, recycled aggregate<sup>2)</sup>, waste roof tile<sup>3)</sup> and water absorptive polymer<sup>4, 5)</sup>.

Wet curing of concrete after placement is an important process ensuring the concrete quality because it prevents drying during hydration reactions. Hence, the wet curing more than 5 days for ordinary Portland cement concrete has been regulated in JSCE Standard Recommendations and AIJ JASS Reinforced Concrete Construction. The wet curing methods include immersion, impounding, sprinkling, wet

compress, wet sand and wet membrane curing, while not all the method result in success depending on the size, shape and environmental conditions of the targeted structure<sup>6, 7)</sup>.

The authors have shown that the use of biodegradable water-absorptive polymer gel (hereafter denoted as biodegradable gel) as a wet curing agent contributed to reduction in cracking near-surface region and development of compressive strength<sup>8)</sup>.

In this study, reduction of autogenous shrinkage and development of compressive strength were attempted by reducing the drying of mixing water and capillary water and ensuring wet curing period at early stages. To this end, effects of the biodegradable gel admixed with concrete on internal curing were discussed. The materials of the biodegradable gel comprises water and carboxymethylcellulose originated from pulp, and after mixing, electron or gamma beam was applied to establish a cross-linked structure. Because changes in irradiation duration can produce different water-absorptive capability, two types of biodegradable gels with different water-absorptive capability were introduced to concrete and mortar specimens and its effectiveness as an internal curing agent were evaluated through strength development, autogenous shrinkage and drying shrinkage experiments.

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Table 1 Materials used

	Notation	Type	Properties
Mixing water	W <sub>1</sub>	Tape water	
Absorbed water	W <sub>2</sub>	Tape water	
Cement	C	Ordinary Portland cement	Bulk Density:3.16g/cm <sup>3</sup>
		Silica fume premixed cement	Bulk Density:3.09g/cm <sup>3</sup>
Fine aggregate	S	Pit Sand from Kikugawa river	Saturated surface-dry density:2.59g/cm <sup>3</sup> , Water absorption :2.18%
Coarse aggregate	G	Crushed hard sandstone from Oomi	saturated surface-dry density:2.70g/cm <sup>3</sup> , Water absorption :0.62% max aggr.size: 20mm
Superplasticizer	SP	High range AE water reducing agent	polycarboxylic acid ether
Biodegradable Gel	BG <sub>1</sub>	Carboxymethylcellulose	Water factor: 1500%, (water content: 71.3%)
	BG <sub>2</sub>		Water factor: 6000%, (water content: 15.3%)

Table 2 Mix proportion of mortar

W/C	Composition	S/C	SP dosage (% by cement mass)	Gel content (% by cement mass)
40	40-0	2.4	0.675	0
	40-BG <sub>1</sub>			0.05 (BG <sub>1</sub> )
	40-BG <sub>2</sub>			0.05 (BG <sub>2</sub> )
25	25-0	1.9	1.2	0
	25-BG <sub>1</sub>		1.3	0.5 (BG <sub>1</sub> )

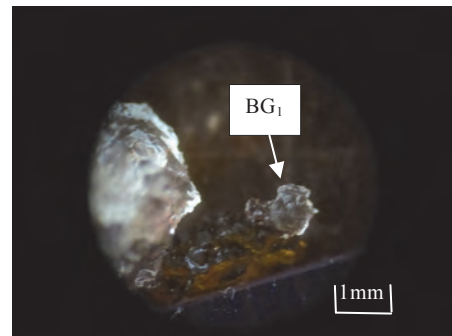


Fig.1 Gel (BG<sub>1</sub>) with water absorption of 1500% by dry mass

Table 3 Mix proportion of concrete

Notation	G <sub>max</sub>	W/C (%)	s/a (%)	Unit content (kg/m <sup>3</sup> )						SP (% by cement mass)	BG <sub>1</sub> (% by cement mass)
				C	W <sub>1</sub>	W <sub>2</sub>	S	G			
								5-10 mm	10-15 mm		
25-0	15	25	48.2	644	154	0	797	357	535	1	0
25-O-W					153	4.092				1.1	0.05
25-I-W					149						

## 2. Experimental Plan

### 2.1 Materials used

Two types of cement were used according to water-cement ratio. The ordinary Portland cement was used for mortar and concrete with a water cement ratio of 0.4,

while silica Fume premixed cement was used for those with a water cement Ratio of 0.25. Materials used for the experiments are listed in Table 1. Water absorption factors of the biodegradable gel were 1500 and 6000 percent by dry mass of the biodegradable gel.

**2.2 Mix proportion of mortar and concrete**

Mix proportions of mortar and concrete are listed in Tables 2 and 3. For specimens with a water-cement ratio of 0.4, biodegradable gel BG<sub>1</sub> and BG<sub>2</sub> were used while only BG<sub>1</sub> was used for those with a water-cement ratio of 0.25 and their effectiveness were compared. Prior to mixing, biodegradable gels of BG<sub>1</sub> and BG<sub>2</sub> were subjected to water absorption to have a water absorption factor of 300 and 600 percent respectively. BG<sub>1</sub> at a water-absorption factor of 1500 percent is shown in Fig 1.

**2.3 Mixing and preparation of specimen**

Mixing of mortar was performed with a Horbart mixer and introduction of biodegradable gel was controlled according to the sequence shown in Fig. 2. Mixing of concrete was performed with a Pan Type forced mixer as shown in Fig. 3. Introduction of biodegradable gel was made three different manners depending on inclusion of absorbed water mass as listed in Table 4. For mixes with a water-cement ratio of 0.4, water absorbed by biodegradable gel was inclusive.

**2.4 Test items and methods**

Test items for mortar and concrete are listed in Table 5. Sealing of specimens subjected to autogenous shrinkage test was made according to the method specified in JCI’s Method of Autogenous Shrinkage/Expansion Test for Mortar and Concrete: Rev. 2002<sup>9)</sup>. Both mortar and concrete specimens were made with a steel mold of 100 x 100 x 400mm and a mold type strain gauge with a length of 50mm was embedded for continuous measurement till the material age of 28 days. Each test started at the initial setting time of each mix. Drying shrinkage test was performed with the same specimen converted from autogenous shrinkage test and, after stripping aluminum sealing tape at age of 29 days, then specimens were subjected to drying in a thermostatic chamber under relative humidity of 60% and to measurement of changes in length. Two specimens were tested simultaneously and the averaged value was recorded as shrinkage strain.

**3. Results and Discussion**

**3.1 Comparison of mortars with BG<sub>1</sub> and BG<sub>2</sub> with a W/C of 0.4**

Fresh properties of mortars with BG<sub>1</sub> and BG<sub>2</sub> are listed in Table 6. It is shown that effects of biodegradable gel on setting time was small, while flow value of mortar decreased particularly in BG<sub>2</sub> rather than in BG<sub>1</sub>. This may be attributed the shape of water-absorbed gel particle. Water-absorbed BG<sub>1</sub> showed particle shape (Fig.4), while that of BG<sub>2</sub> incomplete and acting like a thickening agent to decrease flow value. This also resulted in a larger volume of air involvement than that of the other mixes.

	Low speed	High speed			High speed		
C+W <sub>1</sub> +SP	→	→	+S	→	+(BG <sub>1</sub> or BG <sub>2</sub> +W <sub>2</sub> )	→	Discharge
	30s	60s		90s			

Note: BG<sub>1</sub>, BG<sub>2</sub>-Biodegradable polymer gel

Fig.2 mixing method of mortar

C+S+G	→	+(W <sub>1</sub> +W <sub>2</sub> )	→	+(BG <sub>1</sub> )	→	Discharge
	15s		90s		90s	

Note: BG<sub>1</sub>-biodegradable polymer gel,

G-Coarse aggregate

Fig.3 mixing method of concrete

Table 4 Conditions of gel

Notation	Conditions of BG <sub>1</sub> gel before mixing
25-0	N/A
25-O-W	Exclusively mixed after water absorption for 1500 %
25-O-D	Exclusively mixed with water to be absorbed by gel for 1500 % separately.
25-I-W	Inclusively mixed after water absorption for 1500 %

Table 5 Test items and methods

Test items	Testing methods
Compressive strength	JIS A 1108 “Test Method for Compressive strength of Concrete” Testing age 28-day: Standard curing, 1-day sealed & 27-day air curing, 3-day sealed & 25-day air curing, 7-day sealed & 21-day air curing, 28-day sealed curing. Testing age 7-day: 3-day sealed & 4-day air curing
Autogenous shrinkage	JCI-1996 “Testing method for autogenous volume changes for cement paste and concrete” Measured with a molded strain gauge with a length of 50mm till 28 days.
Drying shrinkage	Division of specimen for autogenous shrinkage test after stripping aluminum tape at the age of 29-day.
Slump	JIS A 1101 “Test Method for Slump of Concrete”
Air content	Mortar: Weighing method Concrete: JIS A 1128 “Test Method for Air Content of Fresh Concrete by Pressure Method”
Setting time	JIS A 1147 “Test Method for Setting Time of Concrete”

Changes in mass of cylinder specimens, φ100-200mm and unmolded at the age of 24 hours, during drying at a temperature of 20±2 °C and relative humidity of 60 %±5 % are shown in Fig. 5, Where changes in mass of BG<sub>2</sub> was similar to that of plain mortar (40-0) without showing water retaining effects of the biodegradable gel.

Table 6 Test results of fresh mortar (W/C=0.4)

Notation	Flow value	Air content (%)	Setting time (h:m)	
	(mm)		Initial	Final
40-0	222×221	6.7	3:50	6:10
40-BG <sub>1</sub>	167×168	6.5	4:00	6:35
40-BG <sub>2</sub>	162×162	8.5	3:50	6:25

On the other hand, changes in mass of BG<sub>1</sub> was smaller than that of the others at early ages showing water retaining effect, i.e. keeping water in the gel and reducing drying, of the biodegradable gel. This could be used as an internal curing agent. Figure 6 shows autogenous shrinkage up to material age of 28 days and subsequent drying shrinkage. Autogenous shrinkage of 40-0 and BG<sub>2</sub> are almost equal while that of 40-BG<sub>1</sub> is slightly smaller showing autogenous shrinkage reducing effects. Because water retaining effect and autogenous shrinkage reducing effect were confirmed for BG<sub>1</sub>, applicability of biodegradable gels to internal curing was studied solely with BG<sub>1</sub>.

**3.2 Internal curing with BG1 at a W/C of 0.25**

(1) Mortar

Fresh properties of mortars with various types of biodegradable gel are listed in Table 7. Because addition of Biodegradable gel affects fluidity of mortar, dosage of SP was slightly increased when biodegradable gels were used, while effect of biodegradable gel on setting time was small.

Table 7 Test results of fresh mortar (W/C=0.25)

Notation	Flow value	Air content (%)	Setting time (h:m)	
	(mm)		Initial	Final
25-0	175×172	8.0	2:35	5:05
25-O-W	201×199	8.6	2:25	5:10
25-O-D	214×211	8.8	2:25	5:10
25-I-W	180×176	8.0	2:30	5:10

Mass loss of specimens was determined with the same manner as those with a W/C of 0.4 and is shown in Fig. 7. It is shown that in all mixes the mass loss became smaller than that with a W/C of 0.4, probably because unit water and W/C are low resulting in a dense microstructure that may inhibit drying. Mixes of 25-O-W and 25-O-D, in which water to be absorbed by gels was exclusively mixed, showed larger mass loss than that of mix 25-0, probably because the unit water was slightly larger. However, mass loss of mix 25-1-W, in which water to be absorbed by gels was inclusively mixed, was almost equal to that of 25-0 showing no distinct water retaining effect as observed in specimens with a W/C of 0.4. This may be attributed to the dense microstructure originated from low W/C that may inhibit drying as stated above.

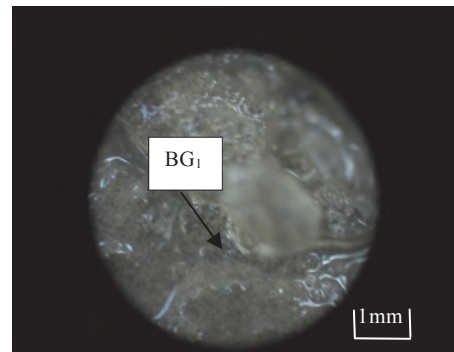


Fig.4 25-O-W  
Water absorption of mortar BG<sub>1</sub>

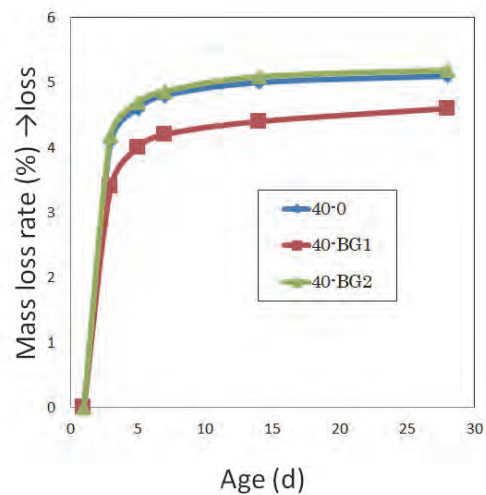


Fig. 5 Mass loss rate of mortar during drying (W/C=0.4)

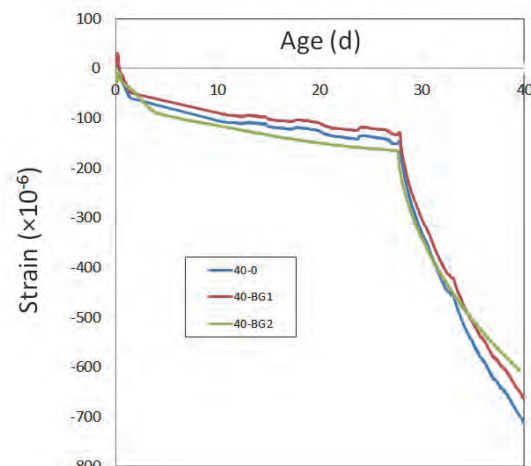


Fig. 6 Autogenous shrinkage and drying shrinkage of mortar (W/C=0.4)

Compressive strength of specimens cured with various conditions is shown in Fig. 8. It is shown that mixes 25-O-W and 25-O-D, in which water to be absorbed by gels was exclusively mixed, showed lower compressive strength than that of plain mortar of 25-0 at all the curing conditions. In spite of hydration reaction promotion for cement due to internal curing effects of gels, this may rather be attributed to the several factors including an increase in W/C due to exclusively mixed water, and flaws remained after setting as a result of dispersion of gel particles. On the other hand, mixes 25-I-W in which water to be absorbed by gels was inclusively mixed showed equal or slightly larger compressive strength than that of mix 20-0 at all the curing conditions. When BG<sub>1</sub> is added, it naturally results in compressive strength reduction due to remained flaws as stated above, while the strength was rather increased probably because hydration was promoted by BG<sub>1</sub> acting as an internal curing agent.

Autogenous shrinkage till the age of 28 days and subsequent drying shrinkage of specimens are shown in Fig. 9. Autogenous shrinkage of mortar with BG<sub>1</sub> is remarkably smaller at all the conditions than that of 25-0. Reduction in autogenous shrinkage of 25-O-W and 25-O-D can be attributed to a larger W/C due to exclusively mixed water, while autogenous shrinkage of 25-I-W, in which water to be absorbed by gels was inclusively mixed, is also largely reduced showing effectiveness of gels as an internal curing agent.

(2) Concrete

Fresh properties of concrete with gels of different conditions are listed in Table 8.

Table 8 Test results of fresh concrete (W/C=0.25)

Notation	Flow value (mm)	Air content (%)
25-0	470 × 440	3.2
25-O-W	530 × 520	3.2
25-I-W	500 × 480	3.2

Concrete was a high-fluidity concrete and its fluidity was evaluated with flow value. Results of air content showed not influences of gel addition.

Mass loss of concrete specimens, measured with the same manner as that of mortar in Fig. 5, is shown in Fig. 10. It is shown that mass loss of specimens with gels became slightly small showing the water retaining effect of gels.

Compressive strength of concrete specimens with different curing conditions is shown in Fig. 11. Similar to the case of mortars, compressive strength of mix 25-O-W, in which water to be absorbed by gels was exclusively mixed, was equal or slightly smaller than that of control concrete.

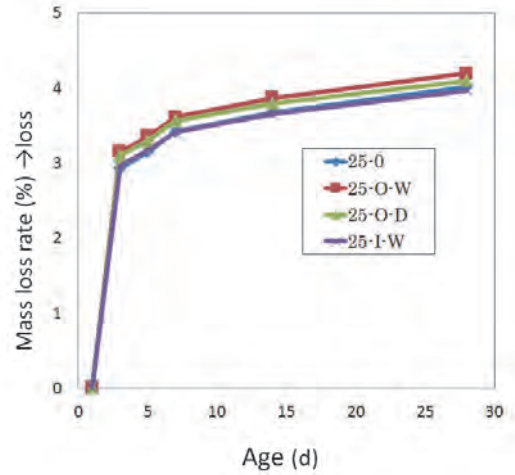


Fig.7 Mass loss rate of mortar during drying (W/C=0.25)

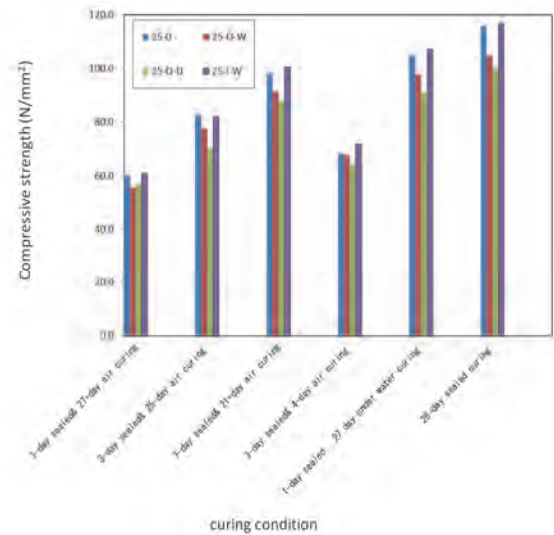


Fig. 8 Compressive strength of mortar (W/C=0.25)

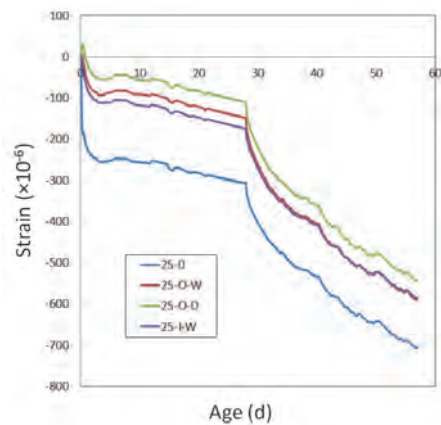


Fig. 9 Autogenous and drying shrinkage of mortar (W/C=0.25)

On the other hand, compressive strength of mix 25-I-W, in which water to be absorbed by gels was inclusively mixed, was equal or slightly larger than that of control concrete at all the curing conditions.

Compressive strength tended to increase as the duration of sealed curing increased without regard to gel addition, and specimens with 7-day sealed curing and subsequent 21-day air curing showed nearly equal compressive strength as that with 27-day underwater curing.

Autogenous shrinkage till the age of 28-day and subsequent drying shrinkage of concrete specimens is shown in Fig. 12. Measurement was started at the setting time that was determined using mortar specimens with the same conditions regarding gel addition. It is shown that autogenous shrinkage of concrete with BG<sub>1</sub> was remarkably smaller than that of control concrete. Further, autogenous shrinkage of mix 25-I-W, in which water to be absorbed by gels was inclusively mixed, was considerably small showing favorable internal curing effect of gels capable of reducing autogenous shrinkage of concrete in the same manner as that of mortar.

#### 4. Summary

Effectiveness of biodegradable water-absorptive polymer gels as an internal curing agent was evaluated in terms of strength development and autogenous shrinkage reduction in mortar and concrete specimens. Major findings are as follows.

- (1) Internal curing effects of biodegradable gel were not shown when absorption factor of gel was as large as 6000 percent while it can be expected when absorption factor of gel was as small as 1500 percent and gel particles can be dispersed in the matrix after mixing.
- (2) Compressive strength of mortar and concrete using biodegradable gels as an internal curing agent became smaller than the control of mix when water to be absorbed by gels was exclusively mixed, while became almost equal to the control mix when water to be absorbed by gels was inclusively mixed.
- (3) Autogenous shrinkage of mortar and concrete using biodegradable gels as an internal curing agent became smaller than that of control mix without regard to conditions of gel addition. It became particularly small when water to cement ratio of specimen was low and water to be absorbed by gels was inclusively mixed.

With above discussions, it was concluded that autogenous shrinkage could be largely reduced keeping sufficient strength when biodegradable water-absorptive polymer gels are used as an internal curing agent.

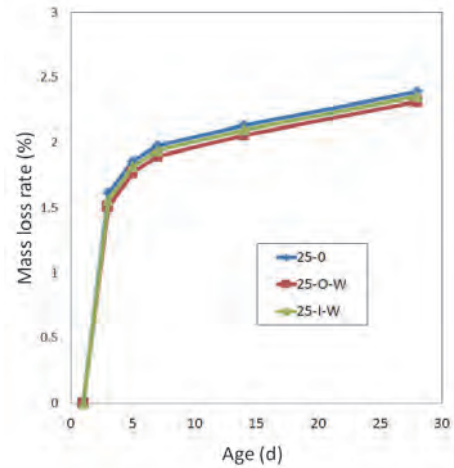


Fig. 10 Mass loss rate of concrete during drying (W/C=0.25)

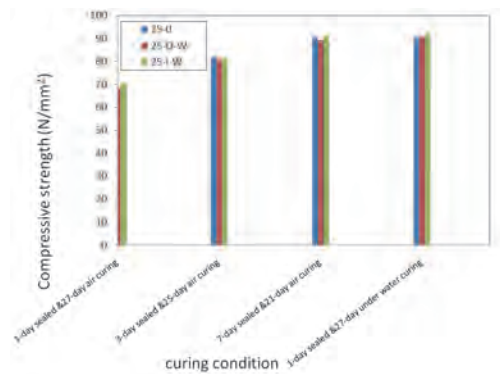


Fig. 11 Compressive strength of mortar (W/C=0.25)

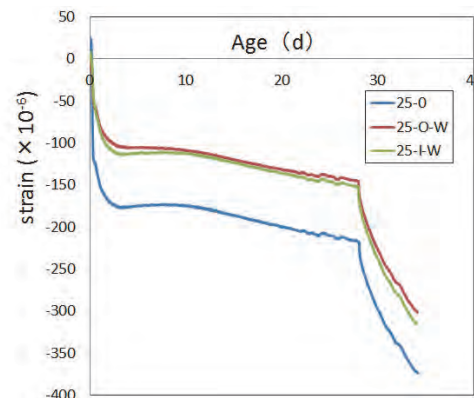


Fig. 12 Autogenous and drying shrinkage of concrete (W/C=0.25)

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